Emergency Disease Symptoms Response Procedure (also applicable to Covid-19)

1. The University of Lodz recommends are residents at the UL Dormitories to hold valid health insurance from e.g. NFZ or a private medical insurance. A valid health insurance for the duration of your housing allocation will help to avoid full payment for potential healthcare services (including treatment, inpatient care, and medical consultation).

2. Each UL Dormitory resident shall submit their Declaration of POZ (Basic Healthcare Facility) Membership. See the list of POZ here: https://www.nfz-lodz.pl/attachments/article/8764/Teleporady_wojewodztwo_lodzkie.pdf or contact your UL Dormitory front desk.

3. Should you, as a UL Dormitory resident, develop any medical symptoms, including suspected Covid-19 symptoms, call your designated POZ doctor to seek guidance on how to proceed.

4. If you develop symptoms outside of the working hours of your POZ, you shall wait for the nearest possible time to seek medical counsel.

5. If your symptoms are acute, call 112 Emergency.

6. If you reasonably suspect you have been infected with Covid-19 and cannot reach your doctor or you have not chosen your POZ, you have to report to your UL Dormitory front desk. You will be assigned a temporary isolation room and remain there until you can reach your doctor or receive advice by calling 112 Emergency.

7. In the circumstances specified in Section 6, you will reimburse the costs of food and healthcare during your stay in the temporary isolation room at the UL Dormitory.

8. Whenever you are referred for a Covid-19 test, you must report this to your UL Dormitory front desk. You will be moved for mandatory stay at a temporary isolation room until your Covid-19 test results are available. Section 7 shall apply.

9. If quarantine is declared for an entire UL Dormitory or its part by authorities, all UL Dormitory residents shall comply with Section 7.

10. All foreigners who have purchased valid health insurance privately or are eligible for NFZ healthcare may also contact NFZ by calling 800-190-590 (for domestic callers) or +48 22 125 66 00 (for callers outside of Poland).

11. All foreign students at UL (and not eligible for EKUZ) are recommended to apply for voluntary health insurance with NFZ, irrespective of the guidelines above. Pursuant to Article 3(2)(1) and with reference to Article 66(1)(20) of the Polish Act of Public Healthcare Services (consolidated in Dz.U. 2020.1398 as amended), foreign students and post-graduates are not required to have mandatory healthcare insurance (these UL students and post-graduates report to the NFZ Branch in ul. Targowa, Łódź with the valid visas for formal processing).