Ladies and Gentlemen, To Whom It May Concern,

As regards the latest recommendations of the Polish government, I hereby make my plea for your strict obedience to the said guidelines. Till 11 April, it is utterly forbidden to move outdoors in groups that are larger than two persons, with the exception of families. The number of participants of religious ceremonies has been restricted to five people per event. This is crucially important. Please, let us all limit our activity outside home, and only go outside in justified cases – for instance to purchase necessary goods at shops, or necessary medications at pharmacies. Remember that you should call the doctor via phone before you decide on a personal visit. Kindly refrain from participation in religious services. Keep the use of public transport down to the minimum and refrain from visiting your friends. Should it happen to be necessary to help those around you and assist your elder relatives or neighbours in shopping, then it is wise to leave the goods at the doorstep in order to avoid contact.

It is absolutely crucial to follow the rules of quarantine – and the government reminds us as well, with my full support in this matter. The more diligent we are in following these regulations, the faster the normality will be restored. It is with regret that we are now in the phase of the increased spread of the disease, and therefore we must do all we can in order to stop the spread.

I wish you all the best,

Prof. Antoni Różalski
Rector of the University of Lodz